



GREAT RUN

South Africa

GREAT 10K RUN & 5K BUSINESS OF FUN RUN

Presented by
GLOBAL RUNNING CLUB
&
GREAT RUN ASSOCIATION (GRA)

08 DECEMBER 2012

Start /finish Venue: Weskoppies Hospital, Pretoria West

Start Time: 06:30

Entry Fee: R40.00 and 5K Business of Fun Run R30.00

Temp License: R30.00

For further information contact RACE Organizer:

071 906 7144 / 076 680 4576

AGN Office: (012) 327 4932 O/H

Venue Registration: 04:30 - 06:00

www.greatrun.co.za

One entrance to the venue you're advised to be early.

Online entries: www.enteronline.co.za

HOW TO ENTER

Entry forms for all mentioned races can be acquired from The Sweat Shops in Irene, Dunkeld and Fourways Crossing, Running Inn, Run-Away Sport (Pretoria), and AGN Office Pilditch Stadium.

PRIZE MONEY

Position	1 ST	2 ND	3 RD
Open Men & Women	R300	R150	R100
Juniors (15 - 19yrs)	R150	R100	R50
Veteran (40-49yrs)	R150	R100	R50
Masters(50-59yrs)	R150	R100	R50
G Masters(60-69yrs)	R150	R100	R50

NOTES:

- 1st - 3.5Km - Water
- 2nd - 7Km - Water and Cok
- 3rd - Finishing Point - Water and Coke
- Gold Medal only to winners in open, man and women categories.
- 10K Starts at 06h30 and Business of Fun Run will start at 06h45 and Medals to all finishers
- Prize giving: 09:00
- Great Grand Master (70+) Free entries

RULES:

- The cut off time is 3 hours
- All the entrants must be amateurs as defined under ASA rules, and not be under the age of 16 years on the race day.
- Marshals and Traffic officials must be obeyed at all times. Failure to comply with instructions may lead to disqualification.
- No seconding on the road, sufficient refreshment stations will be provided on the route.
- All the entrants will participate under the rules of AGN and ASA and its athlete's responsibility to be familiar with the rules.
- It is the responsibility of athletes to ensure that he/she is medically fit and healthy to participate in this road race.
- The race committee reserves the right to accept or reject any entry.
- Proof of age must be presented on request at the race.
- Licenses: All entrants must be in a possession of a valid 2012 license number which must be worn in the front and the back of running vests.
- All athletes competing for category prizes must wear ID tags and "W" for walkers also in front and back of the running vest.
- It is essential that foreign athletes must comply to IAAF Rule 4, par 2 regarding handing over their permits to the race organizers.
- Unlicensed athletes must buy temporary licenses for 10K race.
- Race organizers, sponsors and venue management will not be held responsible for any theft, damages on personal items nor injuries or death sustained during the race (indemnity by entering the race)

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